

EXERCISE PHYSIOLOGY LAB CHART LIST

Sr. No.	Name of Chart	Quantity
1	MMRC Scale	1
2	Bruce Protocol	1
3	Naughton Protocol	1
4	FITT Principal	1
5	Aerobic Exercises	1
6	BMI Chart	1
7	PFT Normal value chart	1
8	Risk factors of heart Disease	1
9	Hypertension and diabetes risk factors	1
10	Motivational Quote	1
	TOTAL	10



[Signature]

Principal

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