



63114

First B.P.Th. (2012) Examination, Summer 2018
FUNDAMENTALS OF KINESIOLOGY AND KINESIOTHERAPY

Total Duration : Section A + B = 3 Hours

Total Marks : 80

SECTION – A & SECTION – B

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All** questions are **compulsory**.
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answerbook for **all** sections.

SECTION – A (50 Marks)
(SAQ)

1. Short answer question (**any five** out of six) : (5×3=15)
- a) Write advantages of group therapy.
 - b) Define axis and plane. Enumerate types of it.
 - c) Enumerate components of the aerobic exercise program.
 - d) Describe Shoulder Wheel and uses of it.
 - e) Three advantages of free active exercises.
 - f) Define active and passive insufficiency with suitable example.

P.T.O.

