

EXTRA CURRICULAR ACTIVITIES CONDUCTED AND PARTICIPATED

Sr. No	Date	Day	Activities conducted
1.	3/01/2021	Sunday	Free Modular limb Distribution camp for Divyang people
2.	6/01/2021	Wednesday	Kshitij 2021 Cultural Event
3.	28/01/2021	Thursday	DPCOP Promotional VDO on Social media
4.	30/01/2021	Saturday	Awareness program for 12 th Science Students on occasion of "World Leprosy Day"
5.	04/02/2021	Thursday	Awareness Program on the occasion of World cancer day
6.	05/03/2021	Friday	Lecture on computer Ergonomics to Engineering college staff
7.	08/03/2021	Monday	International Women`s Day Celebration
8.	13/03/2021	Saturday	Webinar on Fitness and Healthy Spine to school Parents
9.	18/03/2021	Thursday	Guest Lecture on Ergonomics to Mechanical Department staff of DPCOE
10.	21/03/2021	Sunday	Workshop on Taping and Cupping
11.	22/03/2021	Monday	Online Webinar for Computer Science Faculties on Breathing Exercises in COVID 19
12.	26/03/2021	Friday	Guest lecture for Jr. College Staff on Health and Fitness
13.	09/4/2021	Friday	Suryanamaskar video on social media
14.	10/04/2021	Saturday	Physiotherapy exercise session for In-house housekeeping staff

15	07/05/2021	Friday	Face book Live session on occasion of World Athletics Day
16.	08/05/2021	Saturday	Webinar on occasion of World Asthma Day for DPES family
17.	10/05/2021	Monday	Social media awareness video about Nutrition and Health on occasion of Mother`s Day
18.	19/05/2021	Wednesday	Self Assessment and awareness video on 6 min walk test during Pandemic Era
19.	28/05/2021	Friday	Celebration of International Day of Action for Women's Health
20.	31/05/2021	Monday	2 Short Films produced on Occasion of World No Tobacco Day Awareness Program
21.	08/06/2021	Tuesday	Social media awareness video on occasion of World Brain Tumour day
22.	14/06/2021	Monday	Lecture on Physiotherapy Admission Process and curriculum
23.	21/06/2021	Monday	International Yoga Day Celebration
24	25/06/2021	Friday	Runanuband, Cultural Program
25.	11/07/2021	Sunday	Awareness Program on the occasion of World Population Day
26.	23/07/2021	Friday	Guru Purnima celebration
27.	29/07/2021	Thursday	Awareness Program on the occasion of World ORS Day
28.	8/8/2021	Sunday	Social media awareness video on occasion of World Breast feeding week
29	15/08/2021	Sunday	Independence Day celebration
30	20/08/2021	Friday	Social media awareness video on Kitchen Ergonomics

31	31/08/2021	Tuesday	Birthday celebration of Mrs. Uma Sagar Dhole Patil madam, Secretary, DPES
32	05/09/2021	Sunday	Teacher's day celebration
33	08/09/2021	Wednesday	World Physiotherapy Day Celebration
34	08/09/2021	Wednesday	Long Covid and Physiotherapy awareness video on social media
35	10/09/2021	Friday	Senior citizen awareness video on social media
36	16/09/2021	Friday	Cultural program on occasion of Ganesh Festival
37	21/09/2021	Tuesday	Awareness Lecture on the occasion of World Alzheimer's Day
38	28/09/2021	Tuesday	Awareness lecture on Occasion of World Rabies's day
39	29/09/2021	Wednesday	Awareness lecture on Occasion of World Heart day
40	1/10/2021	Friday	Free Exercise session for Sr. Citizens on Occasion of World Elderly day
41	6/10/2021	Wednesday	Awareness lecture on Occasion of World Cerebral day
42	12/10/2021	Tuesday	Awareness lecture on Occasion of World Arthritis day
43	21/10/2021	Thursday	Physio Fest 2021
44	30/10/2021	Saturday	Diwali Jatra 2021
45	2/12/2021	Thursday	Industrial Visit for students to Hadapsar and National Institute of Naturopathy (NIN)
46	3/12/2021	Friday	Awareness lecture on prevention of sexual harassment at work place
47	10/12/21	Friday	Workshop on Self Defence techniques for FYBPT Students